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### **1. Jyoti Yaraji creates history in women's 100m hurdles, first Indian athlete to do so ( Oct. 18, 2022 )**

**Jyothi Yaraji** set a new record by completing the **women's 100m hurdles** in less than **13 seconds** at the **National Open Athletics Championships in Bengaluru** on October 17, 2022.

#### **Important facts**

- Jyoti has become the **first Indian female athlete** to complete the 100m hurdles in less than **13 seconds**.
- Jyoti, representing the **Railways**, created a new national record by completing the race in **12.82 seconds**.
- Then the wind gauge was **0.9 metres per second** so that she would not lose her national record for the **second time**.
- She had completed the same event in the National Games in Gujarat in 12.79 seconds but then the wind gauge was high and her time was not recorded in the national record.
- She had already achieved the meet mark in the heat with a time of 13.18s, breaking the record of 13.38s set by **Anuradha Biswal** in Chennai **20 years ago**.
- Jyothi Yaraji was born on August 28, 1999 in **Visakhapatnam (Vizag), Andhra Pradesh**.
- He made his international debut on 10 May 2022 at the **Cyprus International Athletics** Meet in **Limassol**.
- Jyoti Yaraji eventually set the national record for the women's 100m hurdles with a timing of 13.23s.

### **2. India defeated South Africa in the final ODI to win the series 2-1 ( Oct. 13, 2022 )**

**India beat South Africa** by 7 wickets in the **third and final One Day International cricket match** on 11 October in Delhi to register a **2-1 win** in the 3-match ODI series.

#### **Important facts**

- Chasing the target of 100 runs set by South Africa, India achieved the target by scoring **105 runs in 19.1 overs** for the loss of three wickets.
- **Kuldeep Yadav** was declared player of the match.
- Fast bowler **Mohammad Siraj** was given the '**Man of the Series**' award for his consistent performance in the series.



- He took five wickets in three matches at an average of 20.80 and an economy rate of 4.52.
- His best bowling figures in the series was **3 for 38**.
- **Shikhar Dhawan** was the captain of India in this series.

### **3. ISSF World Championship Shotgun: India finish fifth with one gold ( Oct. 13, 2022 )**

At the **International Shooting Sport Federation (ISSF)** World Championships in Shotgun, **India finished fifth** with one gold, one silver and two bronze medals in Osijek, Croatia.

#### **Important facts**

- Shotgun powerhouses **Italy, Great Britain and the USA** finished the **top three**.
- **China** prevailing over India on the medal tally by virtue of winning a silver more, both the Asian giants had the same medal haul.
- The United States won the gold medal in the women's skeet team event on the final day of 12 October, with Indian trio **Maheshwari Chauhan, Darshana Rahore and Raija Dhillon** finishing 10th in the qualification.
- In the men's skeet team, India's **Gurjot Khangura, Mairaj Ahmed Khan and Anant Jeet Singh Naruka** were placed ninth out of 22 teams.
- **Italy** won its **seventh gold** in this event.
- The ISSF World Championships has now shifted to **Cairo, Egypt** for the rifle and pistol leg.

#### **ISSF World Championship**

- The championship is administered by the **International Shooting Sport Federation (ISSF)**.
- These championships, including all shooting events of the ISSF, have been held **every four years since 1954**.

### **4. Anurag Thakur inaugurates Water Sports Centre in Himachal Pradesh ( Oct. 12, 2022 )**

Union Minister of Youth Affairs and Sports **Anurag Singh Thakur** has inaugurated a **Water Sports Centre** in **Koldam Barmana, Bilaspur, Himachal Pradesh** on 9 October.

#### **Important facts**



- The water sports centre, a first of its kind in Himachal Pradesh, has been jointly started by Sports Authority of India (SAI) and National Thermal Power Corporation (NTPC).
- A Memorandum of Understanding (MoU) was also exchanged between **SAI and NTPC** during the event.
- It has been jointly initiated by **Sports Authority of India (SAI) and National Thermal Power Corporation (NTPC)**.
- The centre will be dedicated to training athletes in water sports such as **rowing, canoeing and kayaking**.
- The centre will select 40 players who will take part in rowing, kayaking and canoeing. The centre is equipped with state-of-the-art equipment and will also provide hostel and training facilities to boys and girls.

### **About Himachal Pradesh**

- It was made the eighteenth state of India on **25 January 1971** under the Himachal Pradesh State Act, 1971.
- Himachal Pradesh is also called the **Land of Gods**.
- Himachal Pradesh is part of the Shivalik range of the **Himalaya Mountains**.
- **Major rivers and dams**- Sutlej (Bhakra Dam, Gobind Sagar Reservoir, Koldam Dam), Vyas (Pandoh Dam, Maharana Pratap Sagar Reservoir), Ravi (Chamera Dam), Parvati
- **Major Lakes**- Renuka, Revalsar, Khajjiar, Dal, Beas Kund, Dasaur, Brighu, Parashar, Mani Mahesh, Chander Tal, Suraj Tal, Kareri, Sarolsar, Govind Sagar, Nako Lake
- **National Parks**- Great Himalayan National Park, Pin Valley National Park, Khirganga, Inderkilla and Simbalbara National Parks
- Capital- **Shimla**
- Governor- **Rajendra Vishwanath Arlekar**
- Chief Minister- **Jai Ram Thakur**
- Legislative Assembly seats- **68**
- Rajya Sabha seats- **3**
- Lok Sabha seats - **4**

### **5. Harmanpreet, Rizwan win ICC Player of the Month awards for September ( Oct. 12, 2022 )**

India women's cricket team captain **Harmanpreet Kaur** and **Pakistan wicket-keeper batsman Mohammad Rizwan** won the **ICC Player of the Month awards** for September-2022 in the **women's and men's categories**.



**Important facts**

- Harmanpreet Kaur became **India's first** ever winner of the ICC Women's Player of the Month due to her leading role in her team's first ODI series win in England since 1999.
- She performed brilliantly during the ODI series, scoring 221 runs in three matches, maintaining a strike rate of 103.47 and getting dismissed only once.
- The women cricketers selected for the Women's Cricket Award included Bangladesh's **Nigar Sultana** and India's captains **Harmanpreet Kaur** and **Smriti Mandhana**.
- The ICC Men's Player of the Month nominees included **Australia's Cameron Green** and **India's Axar Patel**, but Pakistan's **Mohammad Rizwan** managed to bag the ICC Men's Player of the Month award for the first time.
- Rizwan was in terrific form in September, putting up some stellar performances in T20Is.

**6. FIFA Under-17 Women's World Cup 2022 begins today ( Oct. 11, 2022 )**

**FIFA U-17 Women's World Cup 2022** started from **11 October 2022**. After successfully hosting the Under-17 men's FIFA World Cup in 2019, India is now hosting the tournament.

**Important facts**

- **India will take on USA** in their Group-A opening match at the **Kalinga Stadium in Bhubaneswar** on October 11.
- This is the **seventh edition** of the FIFA U-17 Women's World Cup.
- **North Korea** is the tournament's **most successful country**, having won **two titles** since its inception in 2008.
- Previous winners are **South Korea, France, Japan, and Spain**.
- **Spain** are the **defending champions**, having won the **2018 tournament in Uruguay** after **defeating Mexico in the final**.
- The tournament will take place from 11th to 30th October 2022, in **Bhubaneswar, Navi Mumbai and Goa**.

**Financial Inclusion**

- All India Football Federation (AIFF) has been sanctioned a financial outlay of **Rs 10 crore** for the maintenance of the playground, spectator capacity in the stadium, energy and cable laying and branding of the ground and training venue, etc.

**Objectives**

- Increasing the representation of women in football leadership and decision-making
- Motivating more and more girls to play football in India



- Advocating gender-inclusive participation by generalizing the concept of equal play from a young age

**FIFA Tournament**

- Organized by FIFA, the FIFA Under-17 Women's World Cup is the world championship for female players aged **17 or below 17**.
- The event **started in 2008**.
- The sixth edition of the event was held in **Uruguay** from 13 November to 1 December 2018.
- **Spain** is the current champion of the FIFA U-17 Women's World Cup.
- FIFA U-17 Women's World Cup India 2022 will be the 7th edition of the tournament in which 16 teams including India will participate.

**7. Anurag Singh Thakur starts 'Kick Off The Dream' campaign ( Oct. 10, 2022 )**

Union Minister of Youth Affairs and Sports **Anurag Singh Thakur** launched a campaign named '**Kick Off the Dream**' to support the Indian Women's U-17 football team set to participate in the **U17 FIFA Women's World Cup** from October 11.

**Important facts**

- This is the **first time** India is hosting the event.
- He nominated Law Minister **Kiren Rijiju**, athlete **Neeraj Chopra** and actor **Ajay Devgn** to join the '**Kick off the Dream**' campaign and support Indian women footballers participating in the FIFA U-17 Women's World Cup for the first time.
- The Under 17 Women's World Cup will be held in **Bhubaneswar, Goa and Navi Mumbai** from 11 October.

**8. Mallakhamb competitions begin at National Games ( Oct. 8, 2022 )**

Indian indigenous sport **Mallakhamb** began at the **36th National Games** on 7 October.

**Important facts**

- Mallakhamb was introduced in the 2021 **Khelo India University Games**, where Madhya Pradesh won 12 medals including 5 Gold, 5 Silver and 2 Bronze.
- It is one of the five new games to be played in the National Games this year.

**What is mallakhamb?**



- Mallakhamb is a form of **aerial yoga or gymnastics** with vertical stable or hanging **wooden poles** performed by a gymnast.
- Malkhamb is a form of ancient martial art, which was used as an aid to the training of wrestlers and warriors of the ancient era.
- This ancient sport of India first caught the attention of the whole world during the **Berlin 1936 Olympics**.
- **Malkhamb Federation of India** was established in **1981** and later the rules of the game were formalised.
- Since then, the sport has spread all over the world and for the first time in the year **2019, the Malkhamb World Championships was held in Mumbai**, in which more than **150 athletes** from more than **15 countries** participated.

## **9. PR Sreejesh, Savita Punia voted FIH Men's and Women's Goalkeeper of the Year ( Oct. 6, 2022 )**

**PR Sreejesh and Savita Punia** have been voted **FIH Men's and Women's Goalkeeper of the Year** for the second year in a row.

### **Important facts**

- **Indian women's hockey team captain Savita Punia** and veteran **goalkeeper PR Sreejesh** won the FIH Goalkeeper of the Year title in both men's and women's categories based on their performances.
- Savita is the **third athlete to win the Goalkeeper** of the Year (Female) for three consecutive years since the inception of the award in 2014.
- In his 16th year as a full international for India, Sreejesh proved his mettle by appearing in all 16 games in the FIH Hockey Pro League in which India finished third.
- He also participated in all six sports at the 2022 Birmingham Commonwealth Games, when India won the silver medal.
- Sreejesh got a total of 39.9 votes, followed by Belgium's Loik van Dooren (26.3 points) and Netherlands' Primin Bloc (23.2 points).
- It was voted online by experts (40%), teams (20%), fans (20%), and media (20%).
- Sreejesh is the third consecutive player to win the FIH Goalkeeper of the Year title.
- Earlier, David Hurt (Ire) had won the award twice in 2015 and 2016, while Vincent Vanash (Belgium) won the award three times in a row from 2017 to 2019.

## **FIH Goalkeeper of the Year past winners**

### **Men**



2019	Vincent Vanash	Belgium
2018	Vincent Vanash	Belgium
2017	Vincent Vanash	Belgium
2016	David Harte	Ireland
2015	David Harte	Ireland
2014	Jaap Stockmann	Netherland

**Women**

2019	Rachael Lynch	Austrelia
2018	Maddie Hinch	Great Britain
2017	Maddie Hinch	Great Britain
2016	Maddie Hinch	Great Britain
2015	Joyce Sombroek	Netherland
2014	Joyce Sombroek	Netherland

**10. Kiren Rijiju, Anurag Singh Thakur launch Fit India Freedom Run 3.0 ( Oct. 2, 2022 )**

**Kiren Rijiju and Anurag Singh Thakur** launched **Fit India Freedom Run 3.0** on Gandhi Jayanti at **Major Dhyanchand National Stadium, New Delhi** on 2 October.

**Important facts**

- The third edition of Fit India Freedom Run was launched jointly with the Fit India Plog run by Law and Justice Minister Kiren Rijiju and Youth Affairs and Sports Minister Anurag Singh Thakur.
- It will go on till **31st of October.**



- The first edition of 'Fit India Freedom Run' was held from **August 15 to October 2, 2020**.
- **Fit India Freedom Run 2.0 (second edition)** was launched on **13th August 2021** from Major Dhyan Chand National Stadium, New Delhi.

### **Fit India Freedom Run**

- Fit India Freedom Run aims to encourage people to adopt fitness activities like running and sports in daily life and get rid of obesity, laziness, stress, anxiety, diseases etc.
- It provides a unique and exciting opportunity to work towards a healthier India.
- Individuals and organizations can make various efforts for their own health and well being as well as the health and well being of fellow Indians.