

Testwale Current Affairs PDF

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1. International Day of Action for Rivers (March 14, 2023)

International Day of Action for Rivers is celebrated every year on **March 14 to save the existence of rivers and to make people aware** about it.

An overview of the news

- The day is dedicated to **saving, celebrating, and creating awareness** about the importance of rivers.
- The day tries to focus attention on the unequal access to **clean water and pollution** caused by human activities.
- This year the **26th International Day of Action for Rivers** is being celebrated.
- Many rivers around the world, especially in underdeveloped countries, are **contaminated with harmful industrial waste**.
- Hence this year the day seeks to emphasize the need for humanity to act as river protectors.
- The theme of 2023 is "**Rights of Rivers,**" which calls for the designation of rivers as a national treasure.

Background of the day

- The first International Day of Action for Rivers was observed in **March 1997**.
- In March 1997 in **Curitiba, Brazil, participants of the first International Meeting of People Affected by Dams** adopted the International Day of Action Against Dams and Rivers, Water and Life.
- In addition, it was decided that the International Day of Action for Rivers would be observed **every year on 14 March**.

2. International Women Judges Day - 10 March (March 10, 2023)

The day is celebrated every year on **March 10**, to honour all women judges who have led the **fight against social injustice**.

News Overview

- The purpose of this day is to recognize the efforts and contribution made by women judges.
- International Day of Women Judges observed with the campaign "**Women in Justice, Women for Justice**" to encourage full and equal participation of women at all levels of the judicial system, and raise awareness of the challenges ahead .

Background of the day

- On **April 28, 2021**, the **United Nations General Assembly (UNGA)** enacted **resolution 75/274**, designating March 10 as the International Day of Women Judges.
- International Women Judges Day was celebrated for the first time on March 10, 2022.

Establishment of UNGA: **1945**

President of UNGA: **Kassaba Koros**

Headquarters of UNGA: **New York, United States**

3. International Women's Day - 8 March (March 10, 2023)

International Women's Day is celebrated every year on **8 March**.

An overview of the news

- The theme for the year 2023 is “**DigitALL: Innovation and technology for gender equality**”.
- The theme aims to recognize women and girls who are contributing to the advancement of technology and digital education.
- The theme of the International **Women's Day 2023 campaign** is: **Embrace Equity or #EmbraceEquity**.
- The theme of International Women's Day 2022 was "**Gender Equality for Sustainable Tomorrow**".

Background of the day

- International Women's Day was started by **Clara Zetkin in 1910**.
- International Women's Day was first officially celebrated by the **United Nations in 1975** during the International Women's Year.
- For the first time in **1996**, the United Nations adopted the theme "**Celebrate the past, plan for the future**" in organising this day.
- There are three colours of International Women's Day - **Purple, Green and White**
- According to the International Women's Day campaign, "Purple is a symbol of justice and dignity, green is a symbol of hope and white is a symbol of purity.
- These colours were decided by **Britain's Women's Social and Political Union (WSPU)** in 1908.

4. CISF Raising Day: 10 March (March 10, 2023)

The **Central Industrial Security Force (CISF) Raising Day** is observed every year on **10 March**.

News Overview

- In the year 2023, the **54th Raising Day** of CISF is celebrated.
- Its main objective is to strengthen national security and for this it is working continuously.
- It was **established in 1969** by the Indian Parliament under the CISF Act 1968.
- CISF functions under the **Union Ministry of Home Affairs**.
- It was created by an Act of Parliament passed on **15 June 1983**, as an armed force of India.
- The CISF is tasked with providing security to India's important government infrastructure projects and industrial buildings.
- Reservation for women was increased from **15 percent to 33 percent in CISF and CRPF**.

Director General: **Sheel Vardhan Singh**

Headquarters: **New Delhi**

5. World Obesity Day (March 4, 2023)

World Obesity Day is celebrated every year on **4th March** all over the world.

News Overview

- The theme of World Obesity Day in 2023 is "**Changing Views: Let's Talk About Obesity (Changing Attitudes: Let's Talk About Obesity)**."
- The purpose of this theme is to overcome the menace of prejudice, to cooperate people and to motivate them to solve the problem.
- According to a **2035 report by the World Obesity Federation (World Obesity Federation)** on World Obesity Day, the world's population may be victims of earlier.
- By 2035, 1 out of every 4 may be a victim of disturbance. About 51 percent of people may be overweight compared to their age.
- World Obesity Day was launched in 2015 as an annual campaign that aims to promote practical actions to achieve and maintain a healthy weight and help address the global outlook crisis.

6. National Safety Day (March 4, 2023)

National Safety Day is observed every year on **4th March** with the objective of ensuring safety of people in all aspects and promoting a **safe working environment**.

News Overview

- The theme of National Safety Day 2023 is "**Our Aim - Zero Harm**".

- The objective of this subject is to bring down the business loss to zero.
- The day aims to promote a safe culture with shared values, beliefs and vision.
- Last year in 2022, its theme was "**Innovative Technologies for Safety Management**".

Background of the Day

- The Government of India established the **National Safety Council** as a non-profit and self-financing body on **4 March 1966** by the Ministry of Labor and Employment.
- National Safety Day was started for the first time in **1972**.

7. World Wildlife Day (March 3, 2023)

World Wildlife Day is observed annually on **3 March**.

- The theme for 2023 is "**Partnerships for wildlife conservation**".
- The theme for World Wildlife Day in the year 2022 was "**Reintroducing Keystone Species for Ecosystem Restoration**".

Background of the day

- The **United Nations General Assembly (UNGA)** on 20 December 2013, in its 68th session, observed 3 March as World Wildlife Day to protect wildlife and raise awareness of endangered species of flora around the world.
- World Wildlife Day was celebrated for the first time on **3 March 2014**.
- The Convention on **International Trade in Endangered Species of Wild Fauna and Flora (CITES)** was adopted on this day in **1973**.
- CITES plays an important role in ensuring that international trade does not threaten the survival of species.
- The **Wild Elephant Preservation Act** was passed in the year 1872 to prevent the **extinction of wild animals**.

8. National Science Day: 28 February (Feb. 28, 2023)

National Science Day is celebrated every year on 28 February in honour of India's great physicist **Chandrasekhara Venkata Raman**.

An overview of the news

Theme of the National Science Day:

- The main theme of National Science Day for the year 2023 has been declared by the Department of Science and Technology, Union Ministry of Science and Technology as '**Global Science for Global Wellbeing**'.
- The theme reflects India's emerging global role and growing reach in the international arena.

Objective:

- To create a positive scientific research culture by promoting scientific consciousness among people with scientific temper.

Beginning of National Science Day:

- Celebration of National Science Day started from 28 February 1987.
- The discovery of the popular 'Raman Effect' by CV Raman, one of the country's physicists, was confirmed on 28 February 1928, after which he was awarded the Nobel Prize in 1930, two years later.
- To celebrate this achievement, the Council for Science and Technology Communication (NCSTC), Government of India, had advised to celebrate February 28 as National Science Day.
- **World Science Day is observed on 10 November;** Theme of World Science Day 2022: **Basic Sciences for Sustainable Development.**

9. National Protein Day: 27 February (Feb. 27, 2023)

'**National Protein Day**' is celebrated every year on **27 February** in the country. Right to Protein, a national level public health initiative, organised the first ever Protein Day in India on February 27, 2020.

An overview of the news

- The main purpose of organising this day is to spread awareness regarding the nutritional benefits of protein.
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Requirement of protein in human body:

- Protein strengthens the body's immunity, and the body is able to function smoothly.
- A normal person needs to take at least 45 to 60 grams of protein per day. We should take 0.8 to 1 gram of protein per kg, according to our weight.
- The Government of India has been making efforts to spread awareness about the importance of nutrition for quite some time now, some of the major initiatives taken for this are as follows:

POSHAN Abhiyaan:

- It is a flagship program of the Union Ministry of Women and Child Development.
- **POSHAN Abhiyaan (POSHAN: Prime Minister's Overarching Scheme for Holistic Nutrition)** was launched in March 2018 from Jhunjhunu, Rajasthan.
- The main objective of this campaign is to meet the nutritional needs of pregnant women, mothers and children. Apart from this, its goal is also to remove anaemia in children and women.
- This program is related to Anganwadi Service, Pradhan Mantri Matru Vandana Yojana, Janani Suraksha Yojana, National Health Mission, Swachh Bharat Mission, Public Distribution System, MNREGA.

National Nutrition Month:

- The main objective of this program is to spread awareness about antenatal care, breastfeeding and anaemia, and the importance of nutrition, hygiene and right age of marriage for the girl child.
- It is organised by various Ministries of the Central Government, mainly NITI Aayog, Ministry of Women and Child Development, Ministry of Health and Family Welfare, Ministry of Rural Development, Ministry of Drinking Water and Sanitation etc.

10. World Scout Day (Feb. 22, 2023)

Every year on **February 22, World Scout Day** is observed.

An overview of the news

- It is the birth anniversary of **Robert Baden-Powell**, the founder of scouting and is also his wife **Olave Baden-Powell's birth anniversary**.
- The day is also celebrated as **World Thinking Day** across the world by Boy Scouts and Girl Guides/Girl Scouts and the World Association of Girl Guides and Girl Scouts (WAGGGS).
- It is a day on which Scouting representatives take a pledge to live up to the promises made by the **Scouting movement**.
- The theme of World Scout Day 2023 is "**Our World: Our Equal Future: The Environment and Gender Equality**".

Background of the day

- Baron Baden-Powell, born **22 February 1857 in Paddington, London, England**, is considered the founder of Scouting.
- His wife was born on 22 February in 1889, so the day is celebrated as the birthday of both Mr. and Mrs. Baden-Powell.

