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1. Government announces "Tenzing Norgay National Adventure Awards' for year 2021 (Nov. 29, 2022)

"Tenzing Norgay National Adventure Awards' for year 2021

The Union Ministry of Youth Affairs and Sports has announced the name of the winners of the Tenzing Norgay National Adventure Awards for the year 2021. The Ministry announced the <u>National sports awards</u> winner list on 14 November 2022 but the Tenzing Norgay National Adventure Award winners' names were not announced.

Winner of the award and category

Lifetime Achievement Award: Group Captain Bhawani Singh Samyal

Land Adventure category: Naina Dhakad

Water Adventure category: Shubham Dhananjay Vanmal

No one was chosen for the Air Adventure category.

They will be conferred the award by President **Droupadi Murmu** at a function in Rashtrapati Bhawan, New Delhi on 30th November, 2022 along with the winners of other National sports awards.

They will receive statuettes, certificates and award money 15 lakh rupees each.

Tenzing Norgay National Adventure Award

It was set up in 1994 in the memory of **Tenzing Norgay**. He is an Indian of Nepali origin who along with a New Zealand mountaineer **Edmund Hillary** scaled Mount Everest on **29 May 1953.**

The award is given in adventure sports like mountaineering, skydiving, and open water swimming.

2. Rituraj Gaikwad smashes 7 sixes in an over to make world record (Nov. 28, 2022)

Rituraj Gaikwad smashes 7 sixes in an over to make world record

On 28 November, Rituraj Gaikwad, playing for Maharashtra, became the first batsman in List-A cricket to hit 7 sixes in an over in the quarter-finals of the Vijay Hazare Trophy.

Important facts

- Gaikwad made this record against Uttar Pradesh in Ahmedabad.
- He remained unbeaten after scoring **220 runs off 159 balls.** This is his first double century in List-A cricket, before that 187 not out was his best score.

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This is also his sixth century in the last 8 innings of Vijay Hazare Trophy.

- In the **49th over** of the innings, he scored **43 runs** including **7 sixes** on left arm spinner **Shiva Singh**.
- On the first ball, Rituraj hit a six over long-on, on the second ball he also hit a straight six, on the third ball he hit a six on the leg side to complete the hat-trick, on the fourth and 5th ball he hit a six over mid-off, the 5th ball was also a no ball.
- This is the most expensive over in **List-A cricket**, in which a total of 43 runs were scored.
- Batsmen who have hit six sixes in an over include Sir Garfield Sobers, Ravi Shastri, Herschelle Gibbs, Yuvraj Singh, Ross Whiteley, Hazratullah Zazai, Leo Carter, Kieron Pollard and Thisara Perera.

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4. PT Usha will be the first woman president of the Indian Olympic Association (Nov. 28, 2022)

PT Usha will be the first woman president of the Indian Olympic Association

High-flying **PT Usha** is all set to become the first woman president of the **Indian Olympic Association (IOA)** as she has emerged as the only candidate in the election for the post to be held on December 10.

Important facts

- November 27 was the last day for filing nominations and none other than PT Usha filed a claim.
- PT Usha has won the **Asian Games gold medal**. At the same time, in the **1984 Olympics**, she finished fourth in the final of the 400 meters hurdles.
- PT Usha, the **first woman President of the Indian Olympic Association**, is 58 years old.
- PT Usha has won 11 medals in Asian Games and 23 medals in Asian Championships in her career. These include 18 gold medals.
- PT Usha has won 4 gold medals in **Asian Games** and 14 gold medals in **Asian Championships**.
- She is currently the committee head of the **Pratibha Sangh of India**. This committee conducts national level Indian Talent Olympiad exams in schools all over India.
- PT Usha, who hails from **Kerala**, has studied at **Providence Women's College**, **Kozhikode**.
- In 1991, she was married to Inspector V. Srinivasan of the Central Industrial Security Force.
- Apart from the post of President, elections will also be held for the posts of Vice President (Women), Joint Secretary (Women). Twelve candidates are in the fray for four members of the executive council.
- **Ajay Patel** of National Rifle Association of India (NRAI) is set to be the senior vicepresident as he is also the lone candidate for the post.

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6. Ravina wins gold and Kirti settle for silver as Indian campaign ends with 11 medals at the IBA Youth Men's and Women's World Championships 2022 (Nov. 27, 2022)

Ravina wins gold and Kirti settle for silver in IBA Youth Men's and Women's World Championships 2022

The Indian boxers ended their campaign in the IBA (International Boxing Association) Youth Men's and Women's World Championships 2022 with **11 medals** with Ravina winning a gold while Kirti had to settle for the silver medal on the final day of the championship. The Indian won **4 gold medals**, **3 silver medals and 4 bronze medals**.

In the final day of the championships 2022 Asian Youth gold medallist **Ravina** (63Kg) won the gold medal for India by defeating Megan deCler of the Netherlands.

Kirti (81+kg) lost her final match against the 2022 European Youth champion Cliona Elizabeth D'Arcy of Ireland, and secured the silver medal.

Medal winners of India

Gold medal winners

Vishwanath Suresh in the men's 48kg,

Devika in the women's 52 kg,

Vanshaj in the men's 48 kg,

Ravina in the women's 63 Kg.

Silver Medal winner

Bhawna Sharma in the women's 48 kg category,

Ashish in the men's 54 kg category,

Kirti in the women's 81+kg category

Bronze medal winner

Tamanna (50kg), **Kunjarani Devi Thongam** (60kg), **Muskan** (75kg) and **Lashu Yadav** (70kg) won the Bronze medal for India. All are women boxers.

IBA Youth Men's and Women's World Championships 2022

The IBA Youth Men's and Women's World Boxing Championships 2022 was held at the Ciudad Deportiva Camilo Cano arena in **La Nucía**, **Spain** from 14 November to 27 November 2022. Around 600 boxers from 73 countries participated in the Championship.

7. Indian team dominates the USIC International Railway Sports Association Table Tennis Championship (Nov. 27, 2022)

Indian team dominates the USIC International Railway Sports Association Table Tennis Championship

The Indian table tennis player dominated the USIC International Railway Sports Association Table Tennis Championship played at **Jaipur** from 21st November to 25th November 2022. The Indian players won a total of **14 medals**, **6 gold**, **and 4 silver and 4 bronze medals**.

Total five teams from the **Czech Republic, Denmark**, **France, Switzerland** and **India** participated in this prestigious Championship.

The USIC International Railway Sports Association Table Tennis Championship was organised by North Western Railway Sports Association under the aegis of Railway Sports Promotion Board.

Medal winners

Singles

The Indian men and women team swept the medal tally in the singles event.

Ronit Bhanja won gold, Siksha Jain silver and Anirban Ghosh bronze medal in **men's** singles.

Sutirtha Mukherjee won gold, Dharna Sen silver and Poyamanti Vaishya bronze medal in **women's singles.**

Mixed double events

Indian Railway players won gold, silver and bronze medals in mixed doubles events.

Men's double events

In men's doubles, the Indian team won gold and silver and France won bronze medals.

Women's double events

The Indian team won gold, Czech Republic won silver and India and Czech Republic players won bronze medals.

Team event

In the team event, the Indian **men's team won gold,** France's silver and Czech Republic won bronze medals.

In the **women's section,** India won gold, Czech Republic's silver and France's bronze medals.

8. The Madras Boating club women team wins the Adyar Trophy at the 81st Annual Madras-Colombo Rowing Regatta (Nov. 26, 2022)

81st Annual Madras-Colombo Rowing Regatta

The Madras Boating Club women won the 81st Annual Madras-Colombo Rowing Regatta held at Colombo, Sri Lanka on 26 November 2022. They were conferred the **Advar Trophy**.

However the **men's section** of the race was won by the Colombo Rowing Club and they were conferred with the **Deepam trophy**...

The Madras-Colombo Rowing Regatta is organised by the Madras Boat Club and the Colombo Rowing Club. They organise it alternately and this year the event is taking place after a gap of 3 years due to the corona pandemic.

Madras-Colombo Rowing Regatta

The first-ever Madras-Colombo Rowing Regatta was held way back in 1898 and is considered the **oldest sporting encounter** held between India and Sri Lanka.

The main event of the Regatta is the Men's boat race which is considered to be the **second oldest boat race** in the world, second only to the famous Oxford-Cambridge boat race.

The overall winners of the Men's event are awarded the prestigious **Deepam Trophy** while the **Adyar Trophy** is awarded to the Women's champions.

The boat race is held for a distance of 1,000 meters.

9. Vishwanath, Vanshaj, Devika wins gold medals at Youth World Boxing Championships 2022 (Nov. 26, 2022)

Vishwanath, Vanshaj, Devika wins gold medals

Indian boxers **Vishwanath Suresh**, **Vanshaj** and **Devika Ghorpade** won gold medals at the IBA(International Boxing Association) Youth Men's and Women's World Championships 2022 in **La Nucia**, **Spain** on 25 November 2022.

Vishwanath Suresh from Chennai won his gold medal by defeating Ronel Suyom of Philippines in the men's 48kg final.

Devika from Pune won the second gold for India on the day by defeating England's Lauren Mackie in the women's 52kg final.

Asian Youth champion **Vanshaj** from Sonipat won the third gold medal by defeating Demur Kajaia of Georgia in the men's 63.5kg final.

Other medal winners

Silver medal winner

Bhawna Sharma won a silver medal in the women's 48 kg category.

Ashish (54kg) was the other Indian to finish with a silver medal.

Bronze medal winners

Tamanna (50kg), **Kunjarani Devi Thongam** (60kg), **Muskan** (75kg) and **Lashu Yadav** (70kg) won the Bronze medal for India.

India with 11 medals is leading the medal tallies followed by Uzbekistan.

India's eight medals in the women's section is also the highest for any country.

27 November is the last day of the championship and two Indian women Ravina in 63kg and Kirti in the +81kg will play in the final.

IBA Youth Men's and Women's World Championships 2022

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10. Cristiano Ronaldo becomes first player to score in 5 different World Cups (Nov. 26, 2022)

Cristiano Ronaldo becomes first player to score in 5 different World Cups

Portugal captain **Cristiano Ronaldo** became the **first player to score in 5 different World Cups** when he scored the first goal against **Ghana** in the FIFA World Cup on 24 November.

Important facts

- In the first match of Group H, Portugal captain Ronaldo scored the first goal in the 65th minute, becoming the first male footballer to score in five different World Cups (2006, 2010, 2014, 2018, 2022).
- With this record, Ronaldo has left behind Pele of Brazil, Uwe Seeler of Germany and Miraslov Klose who have scored goals in four World Cups.
- 37-year-old Cristiano Ronaldo has increased his international goal count to 118. He scored his eighth career World Cup goal in a 3–2 win against Ghana.
- Cristiano Ronaldo scored three goals in 15 minutes as Portugal beat Ghana 3-2 in their FIFA World Cup Group H match to open their campaign on a winning note.